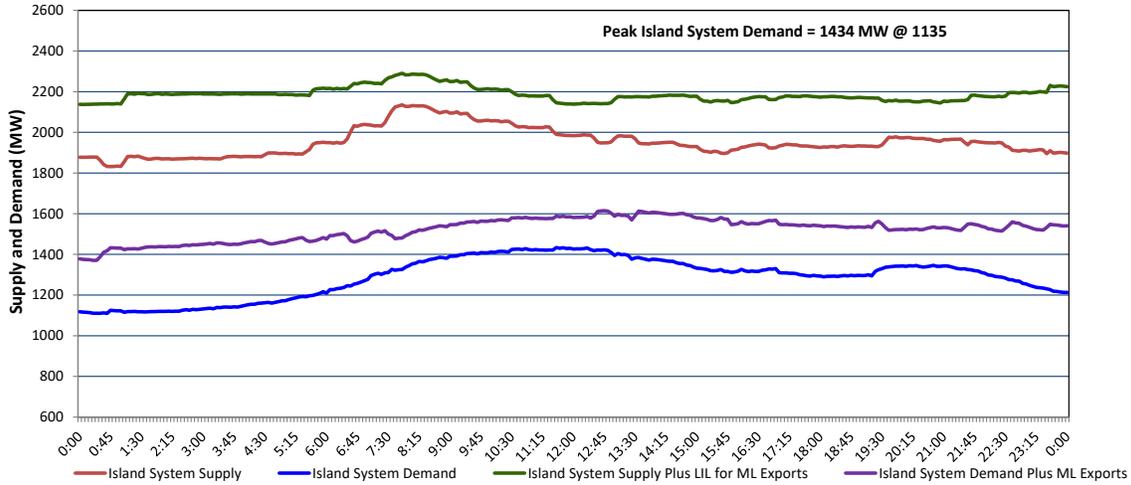


Newfoundland Labrador Hydro (NLH) Supply and Demand Status Report Filed Wednesday, March 25, 2026

Section 1 Island Interconnected System - Supply, Demand & Exports Actual 24 Hour System Performance For Tuesday, March 24, 2026



Island Supply Notes For March 24, 2026

- A As of 1326 hours, February 05, 2026, Cat Arm Unit 2 available at 57 MW due to forced derating (67 MW).
- B As of 0653 hours, February 27, 2026, St. Anthony Diesel Plant available at 6.7 MW due to forced derating (9.7 MW).
- C As of 2234 hours, March 20, 2026, Holyrood Unit 1 available at 166 MW due to forced derating (170 MW).
- D As of 1438 hours, March 21, 2025, Holyrood Unit 3 available but not operating 50 MW (150 MW).
- E As of 1426 hours, March 22, 2026, Paradise River Unit unavailable due to planned outage (8 MW).
- F **At 1546 hours, March 24, 2026, Labrador Island Link Labrador Island Link unavailable due to planned testing (700 MW).**
- G **At 1653 hours, March 24, 2026, Labrador Island Link available (700 MW).**

Section 2 Island Interconnected System - Supply, Demand & Outlook

Wed, Mar 25, 2026	Island System Outlook ²	Seven-Day Forecast	Island System Daily Peak Demand (MW)	
			Forecast ⁸	Adjusted ⁶
Island System Supply: ⁴	2,098 MW	Wednesday, March 25, 2026	1,480	1,383
NLH Island Generation: ^{3,7}	1,520 MW	Thursday, March 26, 2026	1,400	1,304
NLH Island Power Purchases: ⁵	135 MW	Friday, March 27, 2026	1,200	1,106
NP and CBPP Owned Generation:	225 MW	Saturday, March 28, 2026	1,370	1,274
LIL/ML Net Imports to Island: ⁹	218 MW	Sunday, March 29, 2026	1,400	1,304
		Monday, March 30, 2026	1,505	1,408
7-Day Island Peak Demand Forecast:	1,505 MW	Tuesday, March 31, 2026	1,340	1,245

Island Supply Notes For March 25, 2026

- H **At 0609 hours, March 25, 2026, Labrador Island Link Labrador Island Link unavailable due to planned testing (700 MW).**

- Notes:
1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
 2. As of 0800 Hours.
 3. Gross continuous unit output.
 4. Gross output from all Island sources (including Note 3).
 5. NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).
 6. Adjusted for interruptible load and the impact of voltage reduction when applicable.
 7. Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine.
 8. Does not include ML Exports.
 9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.

Section 3 Island Peak Demand and Exports Information Previous Day Actual Peak and Current Day Forecast Peak

Tue, Mar 24, 2026	Island Peak Demand ¹⁰	11:35	1,434 MW
	Exports at Peak		155 MW
	LIL Net Imports to Island		2,901 MWh
Wed, Mar 25, 2026	Forecast Island Peak Demand		1,480 MW

- Notes: 10. Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).